

Christian Counselors

Counselors listed provide all types of counseling and mental illness therapy (individuals, couples, depression, anxiety, etc.). Special Focus is noted for counselors who have disclosed additional expertise/focus areas.

David Moenning, D.Min, M.Div, MS - Restoration Counseling

904-412-2876, moenningdavid@gmail.com

www.drdavidcounseling.com

12627 San Jose Blvd. Suite 203, Jacksonville, FL 32223

Special Focus: premarital and marriage counseling, former UM pastor

Kathleen Patneau, MA, LMFT, CAP

904-308-3751

Virtual appointments and 1100 Sawgrass Village Dr, Ponte Vedra

Special focus: stress management, anxiety, depression, addictions, pre-marital

Liz Cantu, Marriage & Family Therapy, LMFT

904-662-3079, lcantu2sd@yahoo.com

www.cantucounseling.com

822 A1A N., Suite 310, Ponte Vedra Beach, FL 32082

Special focus: pre-marital counseling, couples counseling, parenting and family counseling, anxiety, depression, addiction,

Janet Constantine, Psychotherapist. LMHC

Certified Experiential Therapist II, Diplomate American Psychotherapy Association

7545 Centurion Parkway, Suite 101

Jacksonville, FL 32256-4118

JanetConstantine@yahoo.com

www.janetconstantine.com

Special focus: alcohol & drug abuse/dependency; eating disorders, mood disorders, sexual trauma/post-traumatic stress, co-dependency; adult children of alcoholics

Barbara Bishop, EdD, LMHC, LMFT

904-307-9061, drbarbarabishop@gmail.com

www.soulfocusresources.com

6000-A Sawgrass Village Circle, Ponte Vedra Beach, FL 32082

Special Focus: mindfulness-based stress reduction

David Tolbert, MA, LMHC

Living Well Therapy and Coaching

904-242-6318; <http://www.livingwelljax.com>

800 3rd Street, Suite B, Neptune Beach, FL 32266

Special Focus: marriage and couples

Larry Sargent, Ph.D, LMHC

Living Well Therapy and Coaching

904-242-6318; <http://www.livingwelljax.com>

800 3rd Street, Suite B, Neptune Beach, FL 32266

Special Focus: Bipolar disorder, Schizophrenia, and Personality Disorders, addiction

Debbie Davis, LMHC

904-307-8123, ddavisounseling@gmail.com

1309 St Johns Bluff Road, N

Building B - Ste 109

Jacksonville, FL 32225

www.debbiedavisounseling.com

Special focus: marital, couples, anxiety, depression, grief, loss

Albert Lamoreaux, LMHC

904-613-7465 or 904-448-5521

Southside area

Special Focus: Abuse, Sexual Addiction

Rebecca Maxwell, M.A., LMFT Jacksonville Counseling Services

jacksonvillecounseling.net

904.735.8730, jacksonvillecounseling@gmail.com

13500 Sutton Park Drive S., Jacksonville, FL 32224

Special Focus: marriage counseling, relationships, children and adolescents, individual anxiety/depression

Mike Stapleton, LMHC, MA

145 Hilden Road, Unit 108

Ponte Vedra, FL 32081; 904-502-1952

www.stapletonconsultinggservices.com

Special focus: pre-marital and marriage counseling, depression, anxiety, trauma, abuse, adoption, men's sexual issues

Ross McDonough, LCSW

904-240-5455 ross.mcdonough@unf.edu

808 3rd Street, Ste A

Neptune Beach, FL 32266

Special Focus: teens, depression, anxiety

First Coast Therapy Group

Kristina Crenshaw, LMHC, Claudia Rojas, LMHC (Spanish-speaking)

Lynn Wadeldon, PhD, Clinical Psychologist

904-280-8555

5000 Sawgrass Village Circle, Ste 9

Ponte Vedra Beach, FL 32082

Special focus: Marriage counseling, anxiety, depression, families, children

Dana Bridges, LMHC, NCC

Grace Christian Counseling

6620 Southpoint Dr. S, Suite 450-J

Jacksonville, FL 32216

904-800-9422 dana@gracechristiancounseling.net

www.gracechristiancounseling.net

Special Focus: individuals, couples, family, depression, anxiety, addiction

Jacob Hatch, LMHC

Life Renewed Counseling

Community Presbyterian Church, 150 Sherry Dr, Atlantic Beach, FL 32233

liferenewedcounseling.org

Special focus: premarital and marriage counseling

Jason Hosch, PhD, LCCC, LMHC

6000-A Sawgrass Village Cir., Ste. 14

Ponte Vedra Beach, FL 32082

(904) 386-9518 - (office)

www.lifetransitions.cc

Special focus: individuals/couples/marriage and family counseling

Sharon T. Wilburn, PhD, LMHC, NCC, CRC-MAC, CCM, BCC, RCHES, ABDA
Certified Clinical Hypnotherapist; Certified Disability Analyst; Certified Family Mediator

University of North Florida, Professor Emerita

Public Health, Clinical Mental Health Counseling Program Director

Health-Tech Consultants, Inc.

Founder and Senior Evaluation Specialist

Office: 904-247-0020; Cell: 904-866-0431

Fax: 904-247-0104; E-mail: stwwilburn@comcast.net

Website: <http://www.healthtechconsultants.com/>

Gary R. Proctor, MD (Cornerstone Psychiatric Services of NE Florida)

Board Certified Physician in Psychiatry and Forensic Psychiatry

Phone: 904-315-1985

Address: 100 Executive Way, Suite 112, Ponte Vedra Beach, FL 32082

Email: gproct369@gmail.com or cornerstonepsychiatric@gmail.com

Website: cornerstonepsychiatricservices.com (under construction)

Special focus: Medication Management for Depression, Anxiety, Bipolar Disorder, Schizophrenia, Substance Use Disorders and all other major mental disorders (adults generally, adolescents on a case by case basis)

Combined counseling and medication management (case by case basis)

No direct insurance billing accepted at this time